

## Come Join Us . . .

Mealtimes at Westlake are a special time to share with friends and family. There are plenty of times to join us whether at daily meals, holiday dinners, summer picnics and BBQs, birthday parties, or community celebrations.



**Westlake Care Community** offers a personalized dining experience. We can accommodate a variety of personal dietary preferences including **vegetarian, gluten-free and others.**

In addition to traditional fare we offer ethnic and regional specialties such as **Asian, Mexican, Italian, and Southern foods.** We also offer many seasonal fruits and vegetables and many of our products are locally grown here in Colorado.

Our community care partners are actively involved in providing feedback on menus in order to bring new menu ideas and personal favorites to our table.



# Breakfast

**Two Egg Breakfast:** Two eggs, hash browns, choice of breakfast meat served with choice of toast, pancake, waffle, or French toast

**Omelet:** Cheese omelet, ham and cheese omelet, Denver omelet, three meat omelet or veggie omelet served with hash browns choice of toast, pancake, waffle, or French toast

**Breakfast sandwich:** Ham, bacon, sausage, egg and cheese served on an English muffin or toast. Served with hash browns and fresh fruit

**Light Breakfast:** Oatmeal or Cream of Wheat served with toast, a side of fruit and yogurt

**Classic Breakfast items include:** Bacon, Sausage links, Sausage Patty, Ham, Eggs, Hash Browns, Pancakes, French Toast, Waffles, Toast, English Muffins, Oatmeal, Cream of Wheat, Cold Cereal, Fresh Fruit, Yogurt, and Cottage Cheese

## Featured Breakfast Entrée

**Sunday:** Breakfast Breads and Pastries

**Monday:** Chocolate Chip Pancakes

**Tuesday:** Breakfast Sandwich

**Wednesday:** Strawberry Waffles

**Thursday:** Biscuits & Gravy

**Friday:** Breakfast Burrito

**Saturday:** Breakfast Breads or Pastries



# Always Available Menu

**Westlake Burger:** A quarter pound burger served with potato chips and fresh fruit (American cheese or white cheese) served with lettuce, tomato, pickles, and onions.

**Chicken Sandwich:** A lightly breaded chicken breast served on a toasted bun topped with lettuce, tomato, and seasoned mayo. Served with chips and fruit.

**Grilled Sandwiches:** Turkey, Grilled Ham & Cheese or Grilled cheese. Served with choice of soup and potato chips.

**Deli Sandwich:** Hot or Cold Ham, Turkey, B.L.T., Club Sandwich, Tuna Salad, or Grilled Cheese (L), served with fresh fruit and soup.

**Salads:** Garden Salad (L), chef salad, Chicken Caesar's salad, or fruit salad with cottage cheese served with soup

**Sides:** Fruit cup, potato chips, salad, and a cup of soup.



**Breakfast: 7:30am-9:00am**

**Lunch: 11:30am-1:30pm**

**Dinner: 4:00pm-6:00pm**

# Lunch

Thursday June 11<sup>th</sup>, 2020

**Starter:** Garden Salad

**Soup:** Potato Soup

## **Featured Entrée**

Country Style Ribs

Cowboy Beans

Corn

## **Dessert:**

Cherry Pie

Beverage of Choice

# Dinner

Thursday June 11<sup>th</sup>, 2020

**Starter:** Garden Salad

**Soup:** French Onion Soup

## Featured Entrée

Homemade Pot Pie

Mixed Vegetables

Dinner Roll

## Dessert:

Peach Cobbler

Beverage of Choice