

*Come Join Us . . .*

*Mealtimes at WestLake are a special time to share with friends and family. There are plenty of times to join us whether at daily meals, holiday dinners, summer picnics and BBQs, birthday parties, or community celebrations.*

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**WESTLAKE**  
CARE COMMUNITY

## *Dining at WestLake*

Westlake Care Community offers a personalized dining experience. We are able to accommodate a variety of personal dietary preferences including vegetarian, gluten-free and others.

In addition to traditional fare we offer ethnic and regional specialties such as Asian, Mexican, Italian and Southern foods. We also offer many seasonal fruits and vegetables and many of our products are locally grown here in Colorado.

Our community care partners are actively involved in providing feedback on menus in order to bring new menu ideas and personal favorites to our table.



# Breakfast

Oatmeal with Cinnamon

Cream of Wheat

Corn/Bran Flakes, Rice Krispies, Cheerios



Eggs to Order

Denver Omelet

Sausage or Bacon

Pancakes or French Toast

White or Wheat toast

Biscuits and Gravy (Every Thursday)

# A la Carte

In addition to the main and alternative options, you can choose from our A la Carte Menu.

## *Main Dishes*

Soups

Sandwiches (*Grilled Cheese, Cold Cuts, Fried Egg or PB&J*)

Hot Dog

Hamburger or Cheeseburger

Fruit Plate

Chef's Salad

## *Sides*

Potato Salad

House Salad

Cottage Cheese

Yogurt

Fruits

Applesauce